

New Improved Menus

WEEK ONE	Monday	Tuesday	Wednesday	Thursday	Friday
MAIN MEAL	Giant Yorkshire Pudding 1, 7, 3 & Pork Sausage 4	Chicken pie 1, 3	Homemade Beef Lasagne 1, 3	Roast of the day 5	Fish Finger 1, 6
VEGETARIAN OPTION	Giant Yorkshire Pudding 1, 7, 3 & Quorn Sausage 1, 4	Cheese and Onion Pasty 1, 3	Homemade Vegetable Lasagne 1, 3	Cauliflower Cheese 1, 3	Pizza Slice 1, 3
SERVED WITH	Creamy Mashed Potatoes 3 & Country Vegetables, Stuffing 1 and Onion Gravy 5	Oven Baked Sautéed Potatoes & Peas and Sweetcorn	Garlic Bread 1, 4 Mixed Salad & Coleslaw 7	Roasted Potatoes and a Choice of Two Vegetables	Oven Baked Chips with Peas or Baked Beans

School meals could be free if you are in receipt of certain benefits or have a limited income, visit www.denbighshire.gov.uk

We cater for most special diets - please contact your child's school to discuss further.



LIGHT BITES	GRAB & GO	RICE & PASTA
<p>Available daily:</p> <p>Jacket potatoes with various hot and cold toppings</p> <p>Sandwiches</p> <p>Baguettes</p> <p>Ciabattas</p> <p>Wraps</p> <p>Cold Pasta Pots</p>	<p>Changes daily:</p> <p>Pizza</p> <p>Calzone</p> <p>Hot Baguettes</p> <p>Chicken Epic</p> <p>Flat Breads</p> <p>Subs</p>	<p>Choices include:</p> <p>Chicken Tikka Masala</p> <p>Chicken Korma</p> <p>Bolognaise</p> <p>Tomato and Basil Meatballs</p> <p>Sweet & Sour</p> <p>and much more</p>

- 1  Gluten
- 2  Lupin
- 3  Milk
- 4  Sulphites
- 5  Soya
- 6  Fish
- 7  Eggs
- 8  Nuts
- 9  Celery
- 10  Mustard
- 11  Molluscs
- 12  Sesame seeds
- 13  Peanuts
- 14  Crustaceans

See individual boards for allergens



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WEEK TWO	Monday	Tuesday	Wednesday	Thursday	Friday
MAIN MEAL	Creamy Garlic Chicken Kiev Bake 1, 3	Macaroni Cheese with Bacon 1, 3	Breakfast for Lunch Bacon and Sausage 4	Welsh Beef Cottage Pie 5	Mexican Style Chicken
VEGETARIAN OPTION	Creamy Garlic Quorn Kiev Bake 1, 7, 3	Macaroni Cheese 1, 3	Breakfast for Lunch Two Quorn Sausages 1	Cauliflower Cheese 1, 3	Mexican Style Quorn 7
SERVED WITH	Seasoned Oven Baked Potato Wedges 1 and Peas	Mixed Salad and Corn on the Cob	Choose Three items from Poached Egg, Hash Brown, Baked Beans, Tomatoes or Toast 1	Country Mixed Vegetables and Gravy 5	Rice and Crunchy Tortilla Chips

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Enjoy our seasonal menus, warming for winter, lighter for the summer

We buy local produce wherever possible, supporting local farmers and reducing our impact on the environment



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